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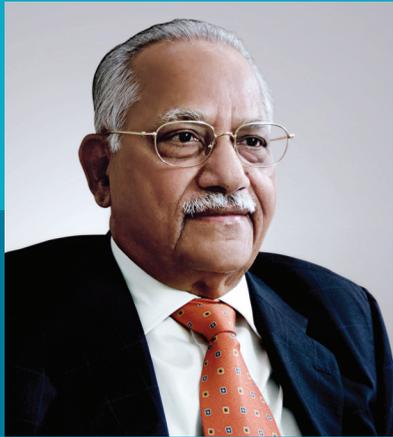


BENGALURU | CHENNAI | DELHI | JAIPUR | KANPUR | MUMBAI | PUNE



**SIMPLIFIED QUALITY
 HEALTHCARE...
 AT THE HEART OF
 EVERYTHING WE DO!**





Dr. Prathap C Reddy
Chairman, Apollo Group

Our mission is to bring healthcare of international standards within the reach of every individual. We are committed to the achievement and maintenance of excellence in education, research and healthcare for the benefit of humanity.

THE APOLLO SPECTRA HOSPITALS **ADVANTAGE**



Assurance of Apollo trusted quality, 30 years heritage



World-class facility with top consultants, latest technology and an advanced surgical ICU



Close to zero infection rates



Specialty healthcare services, from consultations to surgeries at a convenient neighbourhood location



Insurance approved
Single line billing
No hidden charges



Easy admission and discharge

Cashless Treatment Facility. All Major Health-Insurances are Accepted here.

For details, call us at: 022 4334 4600

OTHER SPECIALTIES AT APOLLO SPECTRA HOSPITALS, CHEMBUR

-  Anaesthesiology
-  Breast Surgery
-  Colorectal Surgery
-  Dermatology
-  Diabetology
-  Endocrinology
-  Gastroenterology
-  General Medicine
-  Gynaecology
-  Maxillofacial Surgery
-  Ophthalmology
-  Paediatric Surgery
-  Pain Management
-  Physiotherapy
-  Plastic & Cosmetic Surgery
-  Urology

HEALTH CHECKS

-  Apollo Quick Health Checks
-  Apollo Basic Health Check
-  Apollo Executive Health Check
-  Apollo Whole Body Check
-  Apollo Heart Check
-  Apollo Child Health Check
-  Apollo Well-Woman Check
-  Apollo Senior Citizen Health Check

TOUCHING A BILLION LIVES

Apollo Hospitals is one of Asia's largest healthcare groups. Starting its journey as a 150-bedded hospital in 1983 at Chennai, it currently has presence in India, Asia and Africa. True to its founding principles, Apollo Hospitals has made quality, affordable healthcare

accessible to all with its widespread presence and services through different formats including hospitals, surgery centres, birthing centres, clinics, diagnostics and pharmacies.

WORLD-CLASS MEDICAL FACILITIES. PLEASANT AMBIENCE. OUTSTANDING SERVICE.

As a specialty hospital, Apollo Spectra Hospitals gives you the advantage of expert and quality healthcare with all the benefits of a large hospital but in a friendlier, more accessible facility. This is what makes us unique.

With 10 centres across 7 large cities like Bengaluru, Chennai, Jaipur, Kanpur, Mumbai, New Delhi and Pune, over 50,000 successful surgeries with excellent clinical outcomes, and over 700 leading doctors,

Apollo Spectra Hospitals continues to set new standards in healthcare services.

Advanced technologies, world-class infrastructure and the best of doctors all come together to deliver personalised care enabling faster recovery with near-zero infection risk. Our easy admission and discharge ensures a hassle-free experience for our patients. This is why patients across the country place their trust in us.



PROVIDING PERSONALISED
HEALTHCARE TO ALL

SPECTRA INSTITUTES OF SURGICAL ONCOLOGY



Apollo Spectra's oncology department has a unique way of functioning. Through combined management of our team of anaesthetists and physiotherapists, the duration of your hospital stay is reduced thus ensuring better pain relief. For the surgical treatment of breast cancer, fine-needle aspirations or core-needle biopsies are used in the diagnostic process, thus avoiding scarring incisions. Apollo Spectra surgeons also perform diagnostic laparoscopy, which can be performed safely in an in-patient or out-patient setting, expediting diagnosis and treatment. At Apollo Spectra, gynaecological cancers are also examined under anaesthesia to provide information that will help guide a subsequent surgical procedure.

KEY PROCEDURES

- Amputation for peripheral tumours
- Chemoport insertion
- Early stage lip and oral cancer
- EUA for gynaecological cancer
- Hemithyroidectomy
- Tissue biopsy from any organ
- Total radical thyroidectomy
- TURP and biopsy for bladder cancer
- Wide excision for skin tumours
- Breast conservation surgery
- Modified radical mastectomy
- Sentinel lymph node biopsy
- Microdochectomy
- Lumpectomy
- Accessory breast tissue excision
- Breast reconstruction
- Implant reconstruction

HIGHLIGHTS OF THE INSTITUTE

- Dedicated centre for Breast diseases (Benign & Malignant diseases of the breast)
- Screening for breast cancer by breast surgeon & radiologist
- Day Care surgeries for Breast diseases and other small tumours
- Multidisciplinary team approach

SPECTRA INSTITUTES OF EAR, NOSE AND THROAT (ENT)



The Institutes of ENT at Apollo Spectra Hospitals provides comprehensive treatments for all conditions of the ear, nose, throat & head and neck regions. Our consultants are highly trained

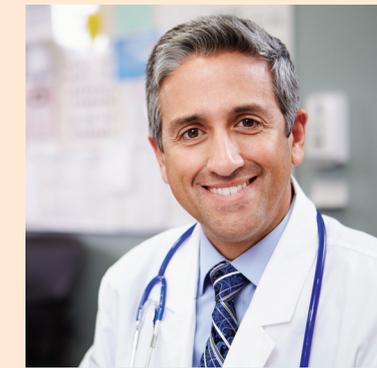
in their specialty to deliver the most advanced consultation and surgical care. Our swift, minimally invasive surgeries are safer and allow patients to recover faster.

HIGHLIGHTS OF THE INSTITUTE

- Highly qualified ENT specialists
- Latest technology like operating microscope, sinus endoscopy set and the shaves system for all endonasal procedures
- Association with Eurosleeep, the world leader in the treatment of Sleep Apnoea

KEY PROCEDURES

- Balloon Sinuplasty
- Laser Assisted Surgery for Ear, Nose and Throat Problems
- Tonsillectomy
- Laryngeal Papillomas, Cancer
- Benign Laryngeal Lesions, Malignancy
- Phonosurgery (Vocal Cord Surgery)
- Thyroidectomy
- Adenoidectomy
- Septal Procedures
- Cochlear Implants
- Bone Anchored Hearing Aids (BAHA), Snoring and Sleep Apnoea
- Endoscopic Sinus Surgery
- Head and Neck Surgery



ASSURANCE OF APOLLO

- **Personalised Care:** Apollo Spectra Hospitals' health management and preventive care plans are custom-designed around every patient's unique requirements. Caregivers are specifically trained to deliver preemptive care, and thus improve the value and quality of service provided to patients.
- **Clinical Excellence:** Every doctor at Apollo Spectra Hospitals comes with a wealth of experience and expertise in his/her chosen field. Regular skills upgradation programmes keep them abreast of what is the latest in the medical field, in order to deliver advanced, evidence-based clinical care.
- **State-of-the-art-infrastructure:** Apollo Spectra Hospitals brings together the most advanced technology and the topmost clinicians to achieve sustainable, safest and utmost clinical outcomes. Superior technology and minimally invasive procedures help our patients recover faster.
- **In Safe Hands:** Apollo Spectra Hospitals safety protocols are of the highest standards. The members of Apollo Spectra Hospitals Infection Control Team are responsible for advising and educating staff at all levels, laying down policies, conducting audits and providing best practices advice about preventing the incidence of infections in the hospital setting. A near-zero incidence of infection since inception bear out this fact.
- **Transparency:** Our single line billing procedure ensures that indicated costs are the ones that appear on the final bill. No surprises, only a firm commitment.



SPECTRA INSTITUTES OF BARIATRICS

Bariatric and metabolic surgeries not only help individuals lose up to 80% of their excess weight; but also improve the chances of fighting diabetes, hypertension and other diseases affecting normalcy of life.

Surgical management at Apollo Spectra hospitals is an end-to-end programme, customised and



designed to meet the requirements of each individual. The centre provides comprehensive facilities for the treatment of obesity that affects daily functioning. The treatment includes diet and psychological assessments, and extensive post surgery follow-up plan.

HIGHLIGHTS OF THE INSTITUTE

- Comprehensive team of specialists including Bariatric Physician, Endocrinologist, Physiotherapists, Counsellor, Bariatric Surgeon
- Dedicated ultra-modern modular OT with the latest integrated laparoscopic system and special instruments OT table that can withstand up to 300 kgs
- Special ward with every furniture to hold on up to 300 kg
- Specially designed ICU bed
- Weight loss clinic
- Automated BMI machine

KEY PROCEDURES

- Laparoscopic Gastric Banding
- Endoscopic Intra-Gastric Balloon
- Laparoscopic Sleeve Gastrectomy
- Laparoscopic Roux-en-Y Gastric Bypass
- Laparoscopic Mini Gastric Bypass
- Laparoscopic Ileal Transposition

SPECTRA INSTITUTES OF GENERAL & LAPAROSCOPIC SURGERY



The internationally acclaimed surgeons at Spectra Institutes of General & Laparoscopic Surgery offer world-class care for all laparoscopic and general surgical treatments. This institute incorporates surgical management of the endocrine system, gastrointestinal tract, colon, liver, pancreas and rectum. Common ailments like gallbladder stones, hernia, haemorrhoids and appendicitis

are very efficiently treated through laparoscopic procedures and advanced & special anaesthetic and special post-operative analgesic techniques at this centre.

Minimally invasive keyhole procedures entail reduced blood loss, no scars, practically no surgical site infections, faster recovery and maximise the quality of life.

HIGHLIGHTS OF THE INSTITUTE

- Highly qualified and experienced General & Laparoscopic Surgeons
- Team of skilled anaesthetists and paramedical staff
- Ultra-modern modular OTs with high-tech laparoscopic units of international standards
- Well-equipped ICUs for post-operative care
- Endoscopy suite
- High frequency cautery machine
- Ultrasonography

KEY PROCEDURES

- Laparoscopic Appendicectomy
- Laparoscopic Cholecystectomy
- Laparoscopic Hernia Repair
- Laparoscopic Haemorrhoidectomy/MIPH
- Laparoscopic Colorectal Surgery
- Laparoscopic Adrenalectomy
- Upper and Lower GI Scopy
- Endoscopic Thyroidectomy
- Breast Surgery
- Lump Excision
- Fissure Surgery
- Laparoscopic Fundoplication



APOLLO SPECTRA HOSPITALS

CHEMBUR, MUMBAI

As a specialty hospital, Apollo Spectra Hospitals gives you the advantage of expert and quality healthcare with all the benefits of a large hospital but in a friendlier, more accessible facility.

With a capacity of 16 beds, this state-of-the-art specialty hospital is committed to bringing together world-class medical services and best healthcare management practices. The hospital offers superlative care in wide range of surgical specialties including Bariatric Surgery, General & Laparoscopic Surgery, Orthopaedics & Spine, ENT, Urology, to name a few. Spread over 10,000 sq. ft. area, the hospital houses 4 ultra-modern modular OTs, state-of-the-art rehabilitation unit, in-house pharmacy, and in-patients' family waiting area, to name a few.

We have over 142 healthcare professionals, including 104 specialist consultants who are committed to create new standards in healthcare services.

SPECTRUM OF SERVICES

- Consultations
- Health Checks
- Specialty Clinics
- Counselling
- Radiology
- Lab Services
- Pharmacy
- Surgeries
- Rehabilitation
- Support Group Meetings

CLINICAL EXCELLENCE



SPECIALTY SPECTRUM

Apollo Spectra Hospitals has consistently led game-changing developments in healthcare by bringing to people, the latest innovations in key medical specialties and super-specialties on par with the West. We have a wide spectrum of surgical specialties like Plastic and Cosmetic Surgery, Bariatric Surgery, Orthopaedics and other specialties of the highest international standards.

SPECTRA INSTITUTES OF ORTHOPAEDICS & SPINE



Expert and highly experienced specialists at the Spectra Institutes of Orthopaedics & Spine at Apollo Spectra Hospitals diagnose, treat,

rehabilitate and prevent disorders of the entire musculoskeletal system.

HIGHLIGHTS OF THE INSTITUTE

- Highly qualified and experienced Orthopaedic & Spine Surgeons
- Team of skilled anaesthetists and paramedical staff
- Dedicated ultra-modern modular OT equipped with image intensifier, operating microscope
- High definition arthroscopic systems
- Well-equipped ICUs for post-operative care
- State-of-the-art physiotherapy & rehabilitation unit
- X-Ray

KEY PROCEDURES

- Joint Replacement Surgery (Knee, Hip, Shoulder)
- Hip Resurfacing
- Arthroscopic Surgery (ACL/PCL Reconstructions, Meniscectomy)
- Treatment for Osteoporotic Fracture
- Percutaneous Endoscopic Lumbar Discectomy
- Microdiscectomy
- Minimally Invasive Spinal Stabilisation
- Endoscopic Lumbar Interventions
- Treatment for Repetitive Strain Injuries
- Treatment for Fractures & Polytrauma
- Sports Injuries Treatment & Rehabilitation