



**SIMPLIFIED QUALITY  
HEALTHCARE...  
AT THE HEART OF  
EVERYTHING WE DO!**





*Dr. Prathap C Reddy*  
*Chairman, Apollo Group*

**Our mission is to bring healthcare of international standards within the reach of every individual. We are committed to the achievement and maintenance of excellence in education, research and healthcare for the benefit of humanity.**

## TOUCHING A BILLION LIVES

Apollo Hospitals is one of Asia's largest healthcare groups. Starting its journey as a 150-bedded hospital in 1983 at Chennai, it currently has presence in India, Asia and Africa. True to its founding principles, Apollo Hospitals has made quality, affordable healthcare

accessible to all with its widespread presence and services through different formats including hospitals, surgery centres, birthing centres, clinics, diagnostics and pharmacies.

## WORLD-CLASS MEDICAL FACILITIES. PLEASANT AMBIENCE. OUTSTANDING SERVICE.

As a specialty hospital, Apollo Spectra Hospitals gives you the advantage of expert and quality healthcare with all the benefits of a large hospital but in a friendlier, more accessible facility. This is what makes us unique.

With 10 centres across 7 large cities like Bengaluru, Chennai, Jaipur, Kanpur, Mumbai, New Delhi and Pune, over 50,000 successful surgeries with excellent clinical outcomes, and over 700 leading doctors,

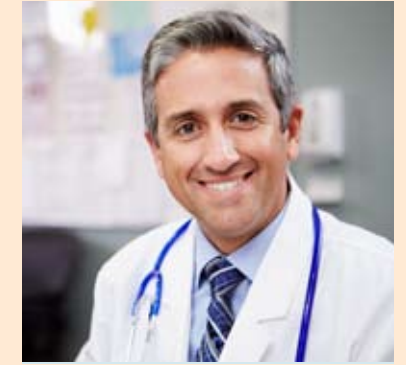
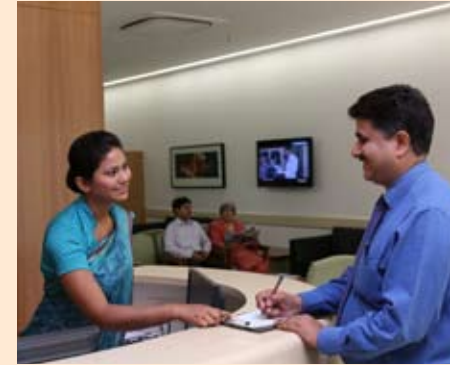
Apollo Spectra Hospitals continues to set new standards in healthcare services.

Advanced technologies, world-class infrastructure and the best of doctors all come together to deliver personalised care enabling faster recovery with near-zero infection risk. Our easy admission and discharge ensures a hassle-free experience for our patients. This is why patients across the country place their trust in us.





## PROVIDING PERSONALISED HEALTHCARE TO ALL



## ASSURANCE OF APOLLO

- **Personalised Care:** Apollo Spectra Hospitals health management and preventive care plans are custom-designed around every patient's unique requirements. Caregivers are specifically trained to deliver preemptive care, and thus improve the value and quality of service provided to patients.
- **Clinical Excellence:** Every doctor at Apollo Spectra Hospitals comes with a wealth of experience and expertise in his/her chosen field. Regular skills upgradation programmes keep them abreast of what is the latest in the medical field, in order to deliver advanced, evidence-based clinical care.
- **State-of-the-art-infrastructure:** Apollo Spectra Hospitals brings together the most advanced technology and the topmost clinicians to achieve sustainable, safest and utmost clinical outcomes. Superior technology and minimally invasive procedures help our patients recover faster.
- **In Safe Hands:** Apollo Spectra Hospitals safety protocols are of the highest standards. The members of Apollo Spectra Hospitals Infection Control Team are responsible for advising and educating staff at all levels, laying down policies, conducting audits and providing best practices advice about preventing the incidence of infections in the hospital setting. A near-zero incidence of infection since inception bear out this fact.
- **Transparency:** Our single line billing procedure ensures that indicated costs are the ones that appear on the final bill. No surprises, only a firm commitment.



# APOLLO SPECTRA HOSPITALS

MRC NAGAR, CHENNAI

As a specialty hospital, Apollo Spectra Hospitals gives you the advantage of expert and quality healthcare with all the benefits of a large hospital but in a friendlier, more accessible facility.

With a capacity of 47 beds, this state-of-the-art specialty hospital is committed to bringing together world-class medical services and best healthcare management practices. The hospital offers superlative care in wide range of surgical specialties including Bariatric Surgery, General & Laparoscopic Surgery, Orthopaedics & Spine, ENT, Urology, to name a few. Spread over 44,000 sq. ft. area, the hospital houses 5 ultra-modern modular OTs, state-of-the-art rehabilitation unit, in-house pharmacy, and in-patients' family waiting area, to name a few.

We have over 155 healthcare professionals, including 90 specialist consultants who are committed to create new standards in healthcare services.

## SPECTRUM OF SERVICES

- Consultations
- Health Checks
- Specialty Clinics
- Counselling
- Radiology
- Lab Services
- Pharmacy
- Surgeries
- Rehabilitation
- Support Group Meetings

# CLINICAL EXCELLENCE



## SPECIALTY SPECTRUM

Apollo Spectra Hospitals has consistently led game-changing developments in healthcare by bringing to people, the latest innovations in key medical specialties and super-specialties on par with the West. We have a wide spectrum of surgical specialties like Plastic and Cosmetic Surgery, Bariatric Surgery, Orthopaedics and other specialties of the highest international standards.

## SPECTRA INSTITUTES OF ORTHOPAEDICS & SPINE



Expert and highly experienced specialists at the Spectra Institutes of Orthopaedics & Spine at Apollo Spectra Hospitals diagnose, treat,

rehabilitate and prevent disorders of the entire musculoskeletal system.

### HIGHLIGHTS OF THE INSTITUTE

- Highly qualified and experienced orthopaedic & spine surgeons
- Team of skilled anaesthetists and paramedical staff
- Dedicated ultra-modern modular OT equipped with image intensifier, operating microscope
- High definition arthroscopic systems
- Well-equipped ICUs for post-operative care
- State-of-the-art Physiotherapy & Rehabilitation Unit
- X-Ray

### KEY PROCEDURES

- Joint Replacement Surgery (Knee, Hip, Shoulder)
- Hip Resurfacing
- Arthroscopic Surgery (ACL/PCL Reconstructions, Meniscectomy)
- Treatment for Osteoporotic Fracture
- Percutaneous Endoscopic Lumbar Discectomy
- Microdiscectomy
- Minimally Invasive Spinal Stabilisation
- Endoscopic Lumbar Interventions
- Treatment for Repetitive Strain Injuries
- Treatment for fractures & polytrauma
- Sports injuries treatment & rehabilitation

# SPECTRA INSTITUTES OF GENERAL & LAPAROSCOPIC SURGERY



The internationally acclaimed surgeons at Spectra Institutes of General & Laparoscopic Surgery offer world-class care for all laparoscopic and general surgical treatments. This institute incorporates surgical management of the endocrine system, gastrointestinal tract, colon, liver, pancreas and rectum. Common ailments like gallbladder stones, hernia, haemorrhoids and appendicitis

are very efficiently treated through laparoscopic procedures and advanced & special anaesthetic and special post-operative analgesic techniques at this centre.

Minimally invasive keyhole procedures entail reduced blood loss, no scars, practically no surgical site infections, faster recovery and maximise the quality of life.

## HIGHLIGHTS OF THE INSTITUTE

- Highly qualified and experienced General & Laparoscopic Surgeons
- Team of skilled anaesthetists and paramedical staff
- Ultra-modern modular OTs with high-tech laparoscopic units of international Standards
- Well-equipped ICUs for post-operative care
- Endoscopy suite
- High frequency cautery machine
- Ultrasonography

## KEY PROCEDURES

- Laparoscopic Appendectomy
- Laparoscopic Cholecystectomy
- Laparoscopic Hernia Repair
- Laparoscopic Haemorrhoidectomy/MIPH
- Laparoscopic Colorectal Surgery
- Laparoscopic Adrenalectomy
- Upper and Lower GI Scopy
- Endoscopic Thyroidectomy
- Breast Surgery
- Lump Excision
- Fissure Surgery
- Laparoscopic Fundoplication

# SPECTRA INSTITUTES OF BARIATRICS



Bariatric and metabolic surgeries not only help individuals lose up to 80% of their excess weight; but also improve the chances of fighting diabetes, hypertension and other diseases affecting a normalcy of life.

Surgical management at Apollo Spectra is an end-to-end programme, customised and

designed to meet the requirements of each individual. The centre provides comprehensive facilities for the treatment of obesity that affects daily functioning. The treatment includes diet and psychological assessments, and extensive post surgery follow up plan.

## HIGHLIGHTS OF THE INSTITUTE

- Comprehensive team of specialists including Bariatric Physician, Endocrinologist, Physiotherapists, Counsellor, Bariatric Surgeon
- Dedicated ultra-modern modular OT with the latest integrated laparoscopic system and special instruments OT table that can withstand up to 300 kg
- Special ward with every furniture to hold on up to 300 kg
- Specially designed ICU bed
- Weight Loss Clinic
- Automated BMI machine

## KEY PROCEDURES

- Laparoscopic Gastric Banding
- Endoscopic Intra-Gastric Balloon
- Laparoscopic Sleeve Gastrectomy
- Laparoscopic Roux-en-Y Gastric Bypass
- Laparoscopic Mini Gastric Bypass
- Laparoscopic Ileal Transposition

# SPECTRA INSTITUTES OF UROLOGY



The Institutes of Urology at Apollo Spectra Hospitals is equipped with highly advanced technology in the field of Uro-Sciences like Holmium LASER and Flexible Uretroscope. It prides

itself for having renowned doctors with expertise in a wide range of surgical interventions in stone removal, strictures and oncological problems to correction of congenital anomalies.

## HIGHLIGHTS OF THE INSTITUTE

- 100 W Holmium LASER technology
- Dornier Lithotripter
- Flexible Uretroscope/Nephroscope
- Harmonic Scalpel
- Latest imaging technology such as 3-chip digital camera and high definition C-Arm
- Bipolar TURIS
- Uroflowmetry

## KEY PROCEDURES

- LASER Lithotripsy for Stones (Kidney/Ureter/Bladder)
- LASER treatment for Prostate Enlargement (HoLEP)
- LASER VIU
- Endoscopic Stone Management (RIRS, URS, PCNL, ESWL)
- Varicocele Ligation
- Penile Implant
- TVT-O
- Genitourinary Fistula Surgery
- Trans-urethral removal of Bladder Tumour (TURBT)
- Treatment for Prostate Cancer
- All sorts of Uro-gynaecology Procedures

# SPECTRA INSTITUTES OF EAR, NOSE AND THROAT (ENT)



The Institutes of ENT at Apollo Spectra Hospitals provides comprehensive treatments for all conditions of the ear, nose, throat & head and neck regions. Our consultants are highly trained

in their specialty to deliver the most advanced consultation and surgical care. Our swift, minimally invasive surgeries are safer and allow patients to recover faster.


## HIGHLIGHTS OF THE INSTITUTE

- Highly qualified ENT specialists
- Latest technology like operating microscope, sinus endoscopy set and the shaves system for all endonasal procedures
- Audiometry
- Association with Eurosleeper, the world leader in the treatment of sleep apnoea








## KEY SURGERIES

- Balloon Sinuplasty
- Laser Assisted Surgery for Ear, Nose and Throat Problems
- Tonsillectomy
- Laryngeal Papillomas, Cancer
- Benign Laryngeal Lesions, Malignancy
- Phonosurgery (Vocal Cord Surgery)
- Thyroidectomy
- Adenoidectomy
- Septal Procedures
- Cochlear Implants
- Bone Anchored Hearing Aids (BAHA), Snoring and Sleep Apnoea
- Endoscopic Sinus Surgery
- Head and Neck Surgery

## OTHER SPECIALTIES AT APOLLO SPECTRA HOSPITALS, MRC NAGAR

-  Audiology
-  Anaesthesiology
-  Breast Surgery
-  Cardiology
-  Colorectal Surgery
-  Dental
-  Dermatology
-  Diabetology
-  Endocrinology
-  Gastroenterology
-  General Medicine
-  Gynaecology
-  Maxillofacial Surgery
-  Ophthalmology
-  Paediatric Surgery
-  Pain Management
-  Physiotherapy
-  Plastic & Cosmetic Surgery
-  Radiology
-  Surgical Oncology
-  Vascular Surgery

## HEALTH CHECKS

-  Apollo Quick Health Checks
-  Apollo Basic Health Check
-  Apollo Executive Health Check
-  Apollo Whole Body Check
-  Apollo Heart Check
-  Apollo Child Health Check
-  Apollo Well-Woman Check

## THE APOLLO SPECTRA HOSPITALS **ADVANTAGE**



Assurance of Apollo  
trusted quality,  
30 years heritage



World-class facility with top  
consultants, latest technology  
and an advanced surgical ICU



Close to zero  
infection rates



Specialty healthcare  
services, from consultations  
to surgeries at a convenient  
neighbourhood location



Insurance approved  
Single line billing  
No hidden charges



Easy admission and  
discharge

**Cashless Treatment Facility. All Major  
Health-Insurances are accepted here.**

**For Details, Call Us At: 044 6686 2000**





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